



A Touch of Light.Org has a global footprint of affiliates, galleries, nonprofits, NGOs and individuals that receive The Pharos Gazette. The countries shown here are a small part of our reach—Stay tuned as we continue to grow around the world!



A Touch of Light.org
300 Lenora Street #311
Seattle, WA 98121
www.ATouchofLight.org

For fifteen hundred years, the Lighthouse of Alexandria (named Pharos, after the island it was built on), guided travelers safely to port. Borrowed from the Egyptian Coptic ‘phareh’ (guardian), in Greek, the word ‘pharos’ means lighthouse.

Whether this publication lasts for five years or fifty, it is our aim to keep watch over the Captive Arts™, and to be a guarding and guiding light home for all those artistic sailors currently adrift on stormy seas.

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The Pharos Gazette™

Volume I, Issue VII

July-August 2020

“The Old Mill”

By Reve de Papillon, Assistant Editor & Contributing Artist

As Spring melts into Summer and the world turns a little more, I pause again to reflect on the beauty of God's creations. I do not have a favorite season; each bestows a beauty and wonder all its own. Rather it is the change of seasons that are closest to my heart. There is something about the change that is calmly reassuring. It reminds me that there is opposition in all things and that for every trial we face there is an equal blessing at hand. Recognizing and rejoicing in our blessings is the key to finding balance in life. As the Preacher reminds us in Ecclesiastes, "To everything there is a season, and a time for every purpose under Heaven."

Balance. It is the key and quest of every artist, regardless of their style or medium. Van Gogh reminds us that bright lights color the darkest skies in his *Starry Night*. Winslow Homer's *The Herrings Net* celebrates the bounty of the sea in the midst of the storm. The faint smile on "The Mona Lisa" bespeaks a quiet confidence and satisfaction that comes from a life well lived.

When I painted *The Old Mill*, I was intrigued not only by the peace of the woodland grove but by how gracefully and gently the architect laid the stone and timber of the Mill so that it did not detract from the beauty of its surroundings. Indeed, the forest seems to welcome the structure, even embracing its reflection on the glassy surface of the pond. Somehow, the old mill manages to celebrate progress and industry without sacrificing the simplicity of the past. It is a timely message for us today. We are all part of something much bigger than ourselves.

I have a good and wise friend who reminds me to focus on the positive. He does not allow me to dwell on the trials but encourages me to look for the blessings inherent in all situations. He counsels me to believe in the good and allow the good to fill my life. Everyone should have such a friend.

A Touch of Light.Org provides the glassy pond that reflects our positive relationship with each other. I love seeing the

work of other artists in The Pharos Gazette each month. I love hearing their stories and learning how they have overcome trials in their own lives. I am humbled by their talent. I am honored to be numbered among them. Like the Old Mill at Berry Creek, we are stronger—more beautiful—together. So, when we are tempted to give in to the darkness around us, let us remember: There is bounty in the storm. There are lights shining in the darkest night. There is peace in going to bed each night with the quiet confidence that comes from a day well spent.

All is Well! Life is Grand!! God Lives!!!

"Life loves those
who love life."

reve
depapillon



Interested in Contributing?

Justice-involved stories, articles, poems, drawings, art, music, you name it, we want to publish it!

- Single column: 400-450 words (perfect for showcase & discussion of a single art piece)
- Full page: 900-1,000 words (good for stories & articles with an accompanying illustration/art piece)
- Letters to the Editor: 100-250 words

The best way to send us submissions is via Jpay.com, using our publishing email pharos@atouchoflight.org. Every contributor will receive a physical copy of the issue in which they are published—due to our international reach, we ask that submitted articles primarily focus on the value & impact of practicing art in the incarcerated context.

See you in our next issue!

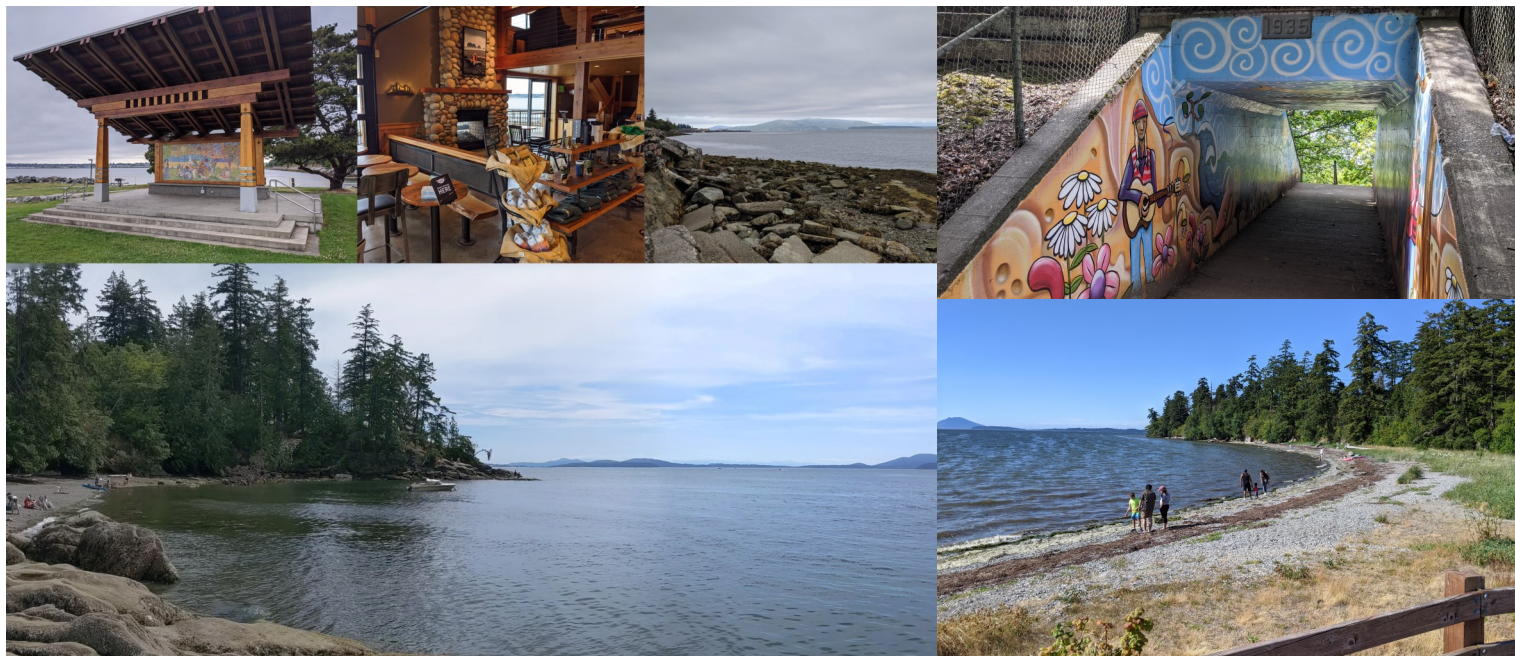


“Road Trip!”

By Gideon Hopper, Managing Editor



With all the rain we often get in the Pacific Northwest, it’s sometimes hard to remember that we get sunshine too! So, for those of you who aren’t quite able to “get about town”, here’s a brief snapshot of our July trip up to Bellingham, and back down along the Washington coast. In addition to the sun & surf, it was a great opportunity to connect with supporters & fellow arts lovers in northwestern Washington, and spread the mission & message of A Touch of Light.Org. To our gracious hosts, and everyone we met along the way, **Thank You!**



Irene Morgan, Restorative Community Coalition

Denise CoStanten, Brigadoon Service Dogs

“Eating Healthy in Tough Times”

By Yankee Éireannach an Chósta Thoir, Assistant Editor

Being in prison during this COVID-19 pandemic can be a very stressful event, especially for older prisoners and those with health issues. So, I have made eating healthy a top priority. The following list of ingredients and recipe are an example of one of my healthy breakfasts.

- ½ cup of oats
- 1 teaspoon of cinnamon
- 1 juice packet with vitamins
- 2 tablespoons of peanut butter
- 1 pack of Carl’s original trail mix (comes with raisins, almonds, peanuts, & sunflower seeds)
- 3 tablespoons honey oat clusters granola
- 2 whole bananas sliced

What I do, is I open my jacket and lay it on the bed. I open my sweatshirt and lay that on the jacket, and then put my towel on top of that. At this point, I place my oats in a plastic bowl, add boiling water (½-1 cup), close the lid, and wrap the towel, sweatshirt, and jacket around the bowl, and let it cook for ten minutes. I unwrap the bowl, remove the lid, and then add the juice packet, peanut butter and cinnamon, and mix well. Then I add a layer of granola, and sprinkle the trail mix on top. Lastly, I slice up the two bananas and put them on top.



Within 20-30 minutes of eating this healthy breakfast/great meal, I find myself with a boost of energy, and I’m thinking & feeling better. Besides, I have to tell you, it tastes so darn good!

We’re away from our families, loved ones & friends during these tough times, so it’s up to us to take care of ourselves and do whatever we can do to stay as healthy as we can, for ourselves and those who are still with us & love us. Eating healthy simply makes sense. I hope you will enjoy this great-tasting recipe – and remember, through it all,

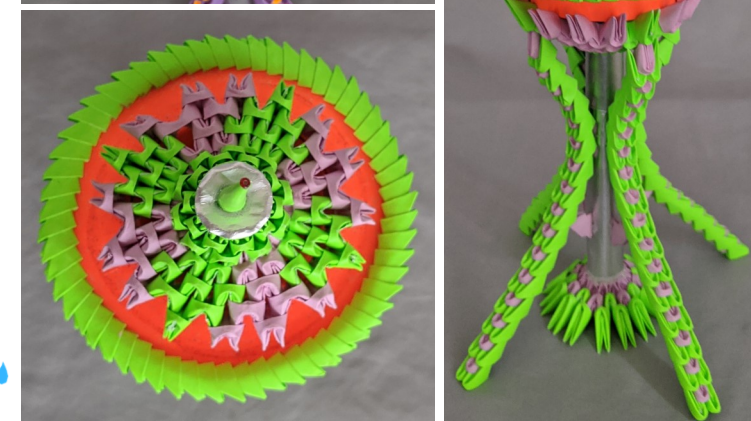
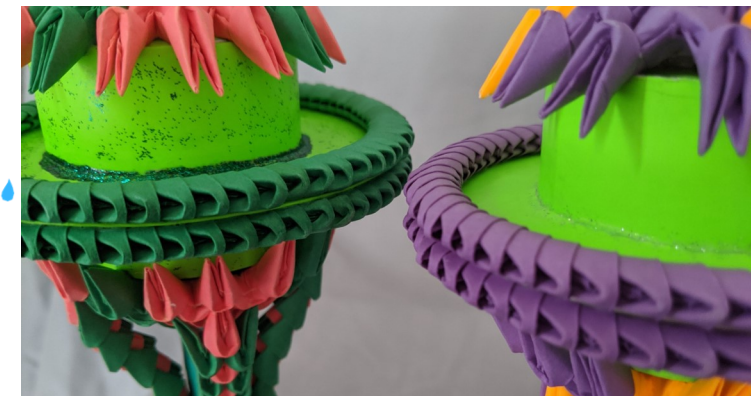
FAMILY MATTERS!



Artist Spotlight

By Julio, Contributing Artist since 2017

At A Touch of Light.Org, we’re not just about 2D art—we love to showcase work in all mediums! This issue’s spotlight is on Julio, a Mexican-American artist with a flair for amazing folded-paper sculptures. As a tribute to our Seattle origins, Julio made these miniature Space Needles—can’t wait to feature them in a future show!



“Hope Rises in Hong Kong: Finalists Selected!”

By Gideon Hopper, Managing Editor

We're tremendously excited to announce that our selection committee has chosen twenty (20) pieces of Captive Art™ for reproduction as matted 11x14 Fine Art Prints for the *Hope Rises* exhibition to be held at the Maritime Museum of Hong Kong from October 31st to November 1st. While COVID-19 has reduced the scope of our participation this year, we nevertheless look forward putting on an excellent show, and to working with our fellow art lovers at HKCKSA toward exhibitions in 2021 and beyond!



Victoria Harbor, Hong Kong

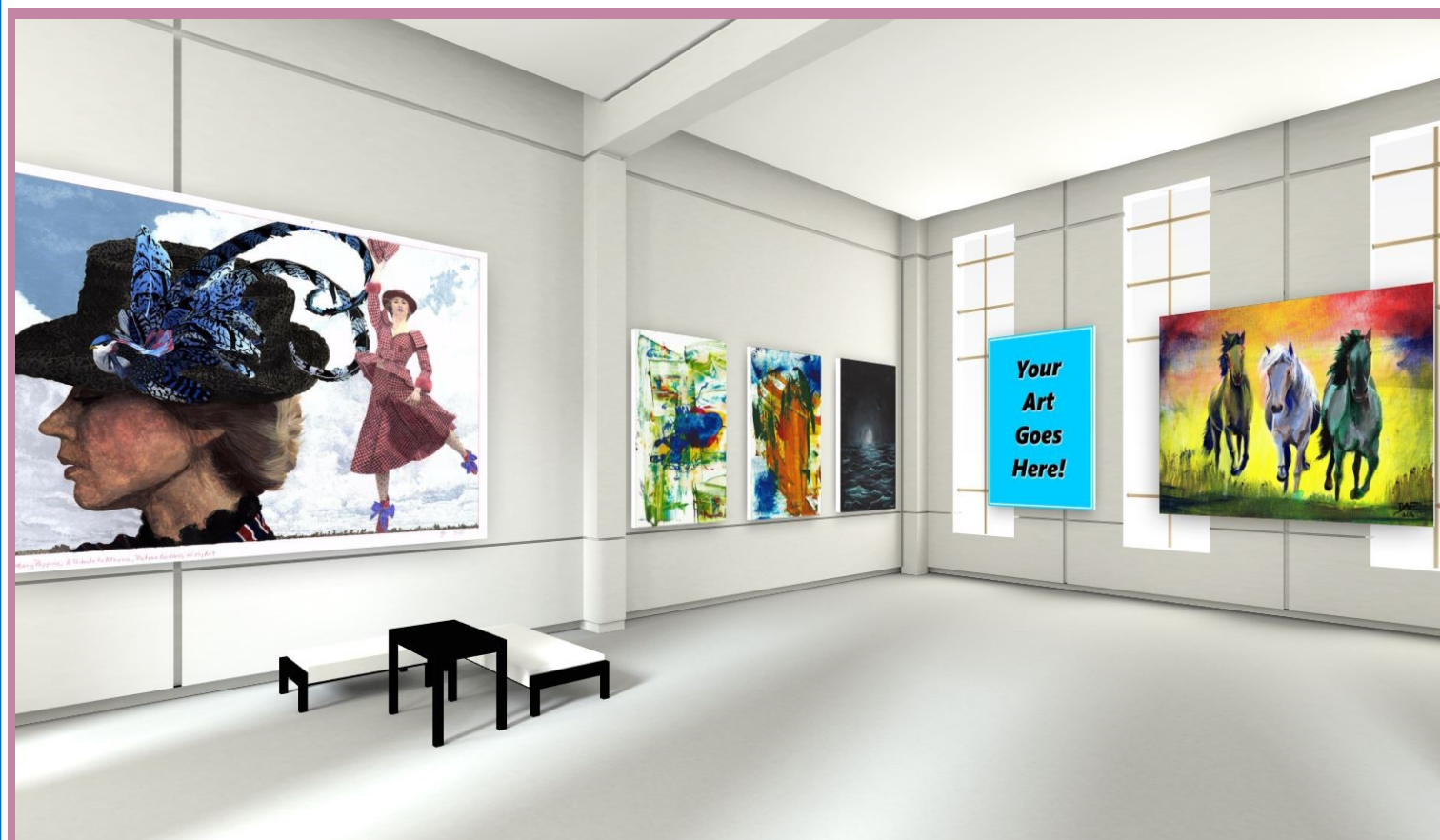


The Maritime Museum of Hong Kong

信心啟航!

Hope Rises!

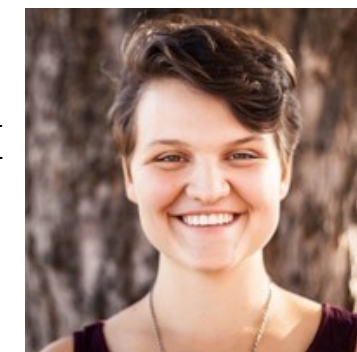
“Our virtual gallery is always open!”



Advisory Board Highlight



We are tremendously excited to announce that Angela Lorang will be joining our Advisory board! Angela is an accomplished writer and educator, and helped develop the Living Shakespeare program at Lansing Correctional Facility in Lansing, Kansas. She is a Gregorian Fellow and English/Theatre graduate of Benedictine College, with a Masters in Education from the University of Missouri-Saint Louis. In addition to her work with incarcerated theatre, she has worked with homeless programs in Kansas City, run her own after-school theatre program for middle school students, and served for two years with Teach for America. She is also the winner of the 2019 J.F. Powers Award for one of her short works of fiction, *Waiting For Erasmo*, published the same year by Dappled Things. She currently teaches in Michigan, and describes her experiences in theatre & the arts as “an excellent set of tools that have enhanced my ability to be an effective educator of young people.” We are truly privileged to have her onboard—[Thank You, Angela!](#)



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Thanks for your support!

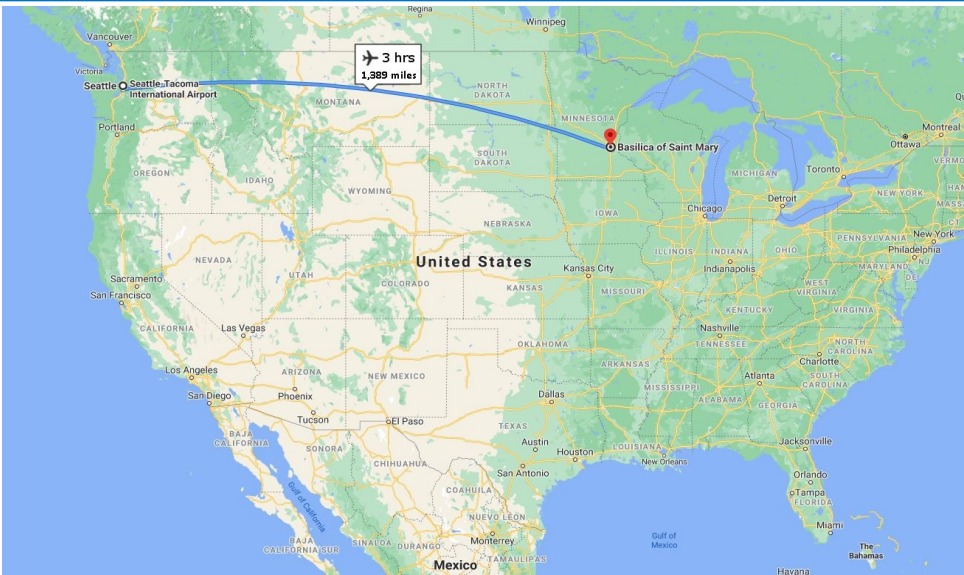
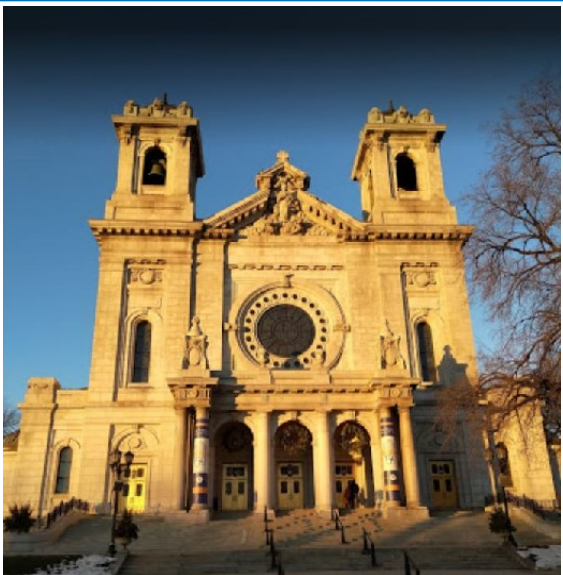
For those who would like to help us grow our work in the Arts around the world, we would be honored to have your financial or in-kind support! Donations by check should be made out to “A Touch of Light.Org-Shunpike” and mailed to the address below. You can also donate through our secure online portal at www.ATouchofLight.Org/donate, or by scanning the QR code. For individuals or organizations interested in providing in-kind contributions, please reach out to us directly at info@atouchoflight.org.



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Exhibition Update: The Basilica of Saint Mary

We are delighted to announce our first trip to Minneapolis, Minnesota in September 2020, to begin laying groundwork for a collaborative art exhibition at the Basilica of Saint Mary in the Fall of 2021. The Basilica hosts several major Arts events each year, and we are honored to be included in their exhibition schedule. The exhibition will include work by both U.S. and international justice-involved artists, with a thematic emphasis on healing through artistic & spiritual practice.

We'll be publishing regular updates on this event in future issues of The Pharos Gazette, and online at ATouchofLight.org/basilica. Captive Artists™ wishing to submit art for consideration can reach out to us at: A Touch of Light.Org, 300 Lenora Street #311, Seattle WA 98121. [Thanks for your support!](#)

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Holiday Cards are Here!

Every year we are thrilled to offer a beautiful selection of original Captive Art™ holiday cards, created by extremely talented Justice-Involved artists. This year's ensemble is brought to you by D. Richards, an amazing landscape artist specializing in acrylics and who delightfully channels the spirit of Oscar-Claude Monet into each piece. Truly "works of art"!

This year's designs are available in Note Card (4x5), Greeting Card (5x7) and Post Card sizes on our website at:

www.ATouchofLight.org/2020holidays



We're Going Mobile!

We're excited to announce that over the next several months, A Touch of Light.Org will be launching our very own mobile app! Our goal is to reach a much wider audience with The Pharos Gazette, and provide more hands-on engagement with supporters, volunteers, artists, and community members around the globe, particularly in parts of the world where mobile devices are the primary driver of news, arts, entertainment, commerce, and community engagement. We look forward to completing our beta testing and rollout over the months to come, and making this exciting development available through the [Apple Store](#) and [Google Play](#). Stay tuned for updates!

